

# ASHRAF CALVERT

## SOCCER COACH



### PERSONAL PROFILE

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Extremely motivated to constantly develop my skills and grow professionally. I am confident in my ability to develop players, achieve team objectives and manage adversities faced along the way. My Passion is second to none.

### CONTACT

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### SKILLS

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- Player development
- Talent Identification
- Periodization
- Implementing LTPD structures
- Session planning
- Good Communicator

### EDUCATION

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- Fairview Primary School 1995-2001  
Victor Lidorium Award 01'



- South Peninsula High School 2002-2006  
Victor Lidorium Award 06'



- BSc. Sports and Exercise Science 2007-2009  
(final year TBC)



- SAFA C License Coaching Course 2013  
B License Coaching Course 2014-2015  
A License Coaching Course 2016-2018  
Confederations of African Football



B License Coaching Course 2014-2015  
A License Coaching Course 2016-2018



Coerver Coaching - Passing skills & Ball Mastery 2014

# WORK EXPERIENCE

2020-2011



## NOVA NACIONAL FC

**SASOL WOMENS TEAM  
ASSISTANT COACH 2020**

### KEY COACHING DETAILS

- Periodisation for the season.
- Conduct training sessions.
- Conditioning the team.
- Assist head coach where needed.



## NOTABLE INFO.

- Provincial Selector for :  
U13-U17 Girls 2014-2019  
U13-U18 Boys 2015-2016
- U12 CTTFA LFA Coach 2018
- Head Coach of W.P Eagles Futsal team in the National futsal league 2017.
- Headed up International tour for u11 and u13 to play in Dubai Winter Classic Cup tournament 2018.



## RYGERSDAL FC



### POSITION HELD :

**U9 BOYS COACH 2019  
U10 BOYS COACH 2020  
U18 BOYS COACH 2020-21  
HEAD OF MINI'S 2020-21**



### KEY COACHING DETAILS

- Follow the L.T.P.D stages ensuring player progression.
- Ensuring training and matches are development focused.
- Ensure equality amongst player and match time.
- To qualify for prestigious u18 tournaments.
- Recruit and scout to reinforce squad.
- Ensure great communication to parents and club.
- Create a nice platform to smoothen transition from juniors to senior level.

## CHARACTERISTICS

- Very Passionate
- Responsible
- Optimistic
- Exuberant
- Humble
- Smart Working
- Goal Driven
- Great Player management skills

## TESTIMONIAL LUTHER MULLER JUNIOR CHAIRMAN

"As an employee, Ashraf was always meticulous and passionate. During his time at our club it was his drive and encouragement that led to us developing a program.

This entailed educational program tasked at enhancing coaching at mini level. He saw a major gap and worked tirelessly to ensure it's bridged to provide a better platform for technical amelioration from both coaches and players."

## WYNBERG ST JOHNS FC



### POSITION HELD :

**U8 BOYS COACH 2015  
U11 BOYS COACH 2015  
1ST TEAM ASSISTANT COACH 2019**



### KEY COACHING DETAILS

## INTERESTS

- Youth Development
- Female Football Development
- Coaching a Pro Club
- Coach a National youth team
- Player specific training
- Futsal
- Coaching Education
- Player Rehabilitation

- Create enjoyable training session with limited equipment and high quantity of players.
- Ensure development over winning mentality.
- Ensure equal match time for all player.
- Plan and implement the preseason periodisation for seniors.
- Team selection and assisting Head Coach where needed.

**AMBASSADOR FC**



**POSITIONS HELD :**

- U8 TEAM COACH 2017**
- HEAD OF YOUTH 2017**
- WOMENS HEAD COACH 2016-2018**



**KEY COACHING DETAIL**



- Rebuild and recruit over 40 women.
- Transported 80% of the team.
- Recreate a woman's soccer brand within club.
- Produce a league competing team.
- Implement L.T.P.D structures.
- Coached meetings and workshops.
- Talent identification.
- Youth Development & Coaches Development.

**TIYANA CARROLLISSEN SANWT U17**



"I just want to say thank you to Coach Ashraf for being a father figure and supporting me throughout my soccer career. Thank you for teaching me to be the girl I needed to be." T.C

**AMBASSADOR RWL TEAM ENDING 2ND 2017/2018 SEASON**



MORE COACHING EXPERIENCE



- Islamia College - Girls U12-U18 Coach**
- Boys U9 - U17 Coach**
- Both 2019-2020**



**Rustenburg Girls H.S - U16 & U18 COACH 2020**



**Heathfield Girls H.S - U18 COACH 2014**



**VASCO DA GAMA LADIES**  
**POSITIONS HELD :SASOL TEAM HEAD COACH 2021**



**ROLE DESCRIPTION**



- Pre-Season Periodisation.
- Developing a league title competing team.
- Creating a platform for young talented females to reach national teams.
- Making sure all covid protocol are followed and players are safe at all times.
- Take the team to the next National Women League.

MORE COACHING EXPERIENCE



**POSITION HELD**

**SAB ASSISTANT COACH 2017-2018**

**KEY COACHING DETAIL**

- Conducted ALL the training sessions.
- Worked with player rehabilitation.
- Conditioning of team.
- Help head coach with team selection.
- Ended 2nd first season in SAB.

**REFERRALS**

- Ana Barriote (Owner of Nova Nacionale) 082 807 8794
- Justin Asher (Chairman of Rygersdal FC) 082 789 0079
- Luke Jafta (Chairman of Wynberg St Johns) 083 646 6567
- Brent James (Chairman of Ambassadors) 082 883 2586
- Noel Isaacs ( Chairman of Greenwood AFC) 084 418 2288
- Frans Mogashua (Head of Coaching Education) 082 468 4611
- Eddie Ribeiro (Vasco Manager Exco Member) 083 708 8957